Coming Home to the Body: Healing the Body/Psyche/Soul Split through Conscious Embodiment

Tina Stromsted, Ph.D., LMFT, BC-DMT, Jungian analyst

Brain, Mind and Body: Trauma, Neurobiology and the Healing Relationship Conference

April 28 - 29, 2017 London, Ontario



Presentation Information:

C.G. Jung believed that psyche and body are one. Marion Woodman, with Mary Hamilton and Ann Skinner, developed BodySoul Rhythms® from their common belief in our body's wisdom and their many years of exploring the relationship between psyche and soma. In this talk I will discuss their pioneering contributions to the field, conscious embodiment in clinical practice, and how neuroscience supports a body-oriented approach to healing trauma.

Through lecture, embodied experience, and discussion, participants will have an opportunity to experience the process of "coming home to the body".

<u>Click here</u> for further information on the workshop.

Conference Information:

The University of Western Ontario Department of Psychiatry sponsors this seminar that will celebrate the work of the Harris-Woodman Chair in Psyche-Soma and related areas of progress. This conference will focus on the affective neurosciences, progress made in Post-Traumatic Stress Disorder, and link body and mind research from molecular biology and neuroimaging to clinical interventions in several psychiatric disorders.

Featured presenters:

Paul Frewen, PhD, C.Psych Colonel Rakesh Jetly, OMM, CD, MD, FRCPC Ruth Lanius, MD, PhD Margaret McKinnon, PhD, C. Psych Allan Schore, PhD Tina Stromsted, PhD, MFT, BC-DMT Ed Tick, PhD Bessel van der Kolk, MD Margaret Wilkinson, BA, SAP

*Early Bird registration ends **February 28, 2017**.

<u>Click here</u> for further information on conference and registration.